

Fall Protection Competent Person Training

OSHA-mandated training for your fall protection program



Course Description

According to OSHA standards, a Competent Person is someone who has the knowledge, experience, and authority to identify hazards, implement corrective measures, and ensure safety compliance at a worksite. Under regulations like OSHA 1926.32(f) for construction or OSHA 1910 for general industry, having a trained Competent Person on-site is not optional—it's a legal requirement to ensure safe work environments. OSHA also mandates that Competent Person training must be renewed every two years to maintain a current knowledge of safety protocols.

This two-day course trains participants on the essential components of a fall protection program and develops the skills required to become a Competent Person. Attendees will engage in a blend of classroom instruction and hands-on workshops to gain the ability to assess hazards, select appropriate systems, and manage safety measures.

Participants can include employers, supervisors, safety personnel, workers, and rescuers involved in a managed fall protection program. The course provides a thorough and engaging learning experience that equips students with the knowledge and confidence to ensure compliance and protect workers at height.

Contact us to register

Phone: (844) 958-1148

Or scan:



Duration: 16 Hours Course Code: 6424

Course Overview

- Fall hazard identification
- Fundamentals of working at height
- Fall protection oversight
- Worksite programs
- · Passive systems
- Administrative controls
- · Fall protection planning
- Fall arrest system components
- · Positioning systems
- · Equipment care
- Rescue overview
- System analysis

Note: These courses are indended to address the generalities of fall protection best practices and to complement worksite specific programs.

Always consult and follow all applicable laws and regulations and your worksite-specific fall protection program.